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# HIGHER EDUCATION: A RESTRUCTURING PERSPECTIVE<sup>1</sup>



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## Introduction

The value of higher education once seemed unquestionable, and the pipeline of resources to support academic programs, research and student financial aid appeared unwavering. While the higher education sector continued to grow for decades with rising student populations, increasing federal research funds and robust investment markets, recent trends demonstrate the landscape for U.S. colleges and universities is changing. The news earlier this year involving admissions scandals in higher education may be disturbing, but the industry has more widespread challenges to overcome to survive or even thrive in a highly competitive industry. The reality is that costs, alternative revenue streams and student enrollment have shifted – all in the wrong direction – applying significant pressure to academic boards and management teams who now must reevaluate their business models in pursuit of long-term sustainability. Negative demographic trends, declining

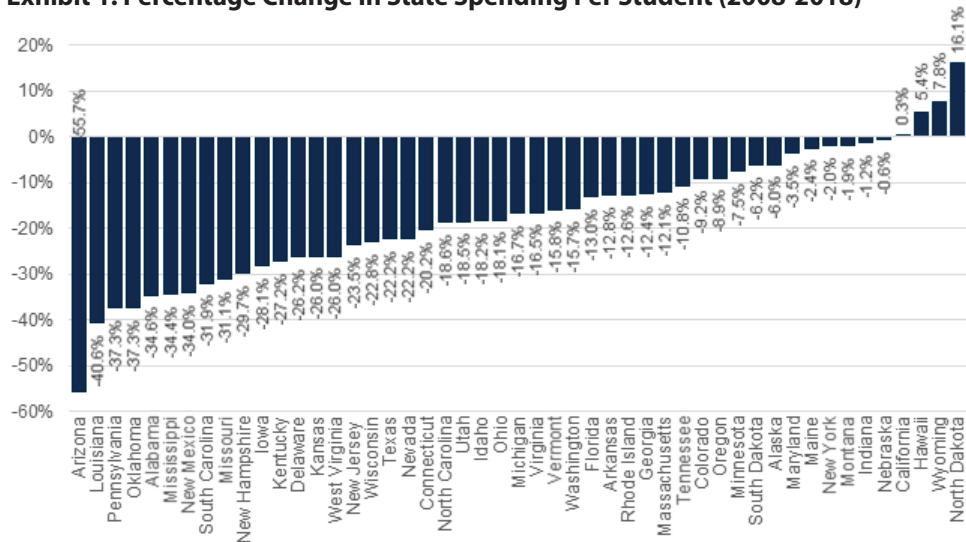
revenue streams and student questions about whether college is still worth the investment are just a few of the significant hurdles institutions must clear over the next decade.

More specifically, state funding for higher education has been declining since the start of the Great Recession, showing no signs of rebounding even as the economy steadily improves. At the same time, the future of federal funding for academic research, grants and loans is, at best, uncertain. Proposed changes to the Higher Education Act and versions of the federal budget include further reductions to federal Pell Grant reserves, changes to loan consolidation and borrowing limits for both students and parents and a potential, yet significant, decrease of more than 13 percent to the Department of Education's resources.

The decline of state and federal funding has shifted more of the cost burden for higher education to students and their families. In the last 10 years, annual tuition rates increased by 35 percent on average with several U.S. states witnessing rises of 60 percent or more at four-year, public institutions. Real median income growth doesn't come close to matching those tuition hikes.

<sup>1</sup> This article is an updated version of a 2018 outlook published on Alvarez & Marsal's website. It was produced with research and support from A&M's Insight Center, which provides A&M professionals and clients with actionable insights derived through proprietary studies and research. See list of sources on p.47.

**Exhibit 1: Percentage Change in State Spending Per Student (2008-2018)**



Source: Center on Budget and Policy Priorities

Consequently, college enrollment has declined as more students and families question the potential return on investment in higher education. Some institutions are finding competition (and others opportunity) in alternative delivery methods like massive open online courses (MOOCs) that offer classes, credentials and a growing number of degree programs at significantly lower costs. At least two dozen state universities and public institutions have been talking openly about significant expansion of their online education programs. One system, the University of Missouri, expects enrollment to jump from 75,000 to 100,000 by 2023 as it expands online programs. Like Missouri, many schools hope that rolling out more robust online learning will result in higher tuition revenue. Meanwhile, international student enrollment – a key source of tuition income for many institutions – is also falling off, driven by uncertainty about future U.S. immigration policies and rising competition from colleges and universities in other countries.

All these factors are placing never-before-seen financial stress on U.S. colleges and universities, and there is the urgent need for greater focus on thoughtful fiscal responsibility across the higher education sector. Annual cash operating deficits and thin liquidity are common in higher education today, and in most cases, are non-sustainable. Credit rating agencies Standard & Poor's (S&P), Moody's and Fitch Ratings continue to express skepticism about the fundamental stability of higher education. Each service recognizes that financial statements continue to weaken across the sector as a whole, and operating pressures continue to increase, resulting in the sector facing significant challenges from all directions.

The unmistakable bottom line is that higher education is in a new environment, one that more closely resembles the corporate landscape with steep competition,

constant pressure to demonstrate value to all its constituents and an expectation of greater self-support. To remain viable, U.S. colleges and universities must adapt. This article highlights the challenges facing higher education and explores solutions for creating sustainable financial, operational and academic models to ensure each institution remains equipped to fulfill its mission.

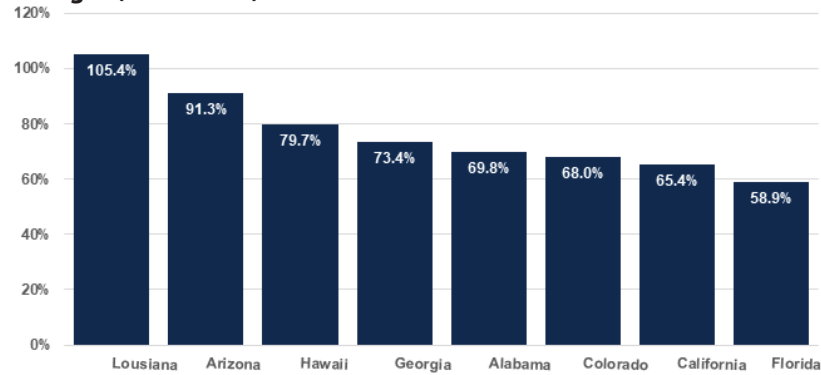
## Challenges Facing Higher Education

At a very high level, financial sustainability is the greatest challenge threatening the ability of U.S. colleges and universities to fulfill their individual missions. Nearly all funding sources – government allocations and grants, tuition and debt financing – have been squeezed, and changes in one source can have a domino effect on the others. On the expense side, most schools are simply spending more than they can afford. Importantly, though, the challenges are more than financial. Colleges and universities also require updated operational and academic strategies, coordinated with financial responsibility, to sustain their core mission. Revenue enhancement and cost cutting, in the absence of strategies that are aligned with investment in and resource allocation to the institution's mission, will likely fail to achieve true sustainability.

## Declining Government Funding

State funding of public higher education institutions in the U.S. declined by 16 percent between 2008 and 2017, falling to an average state spend per student of approximately \$1,500. In the 2014-15 academic year, the average cost per student for a four-year public college or university – including student services, academic support and instructional support – was more than \$10,000. Of the 44 U.S. states that reduced funding for higher education during that timeframe, more than 40 percent made cuts of 20 percent or greater (Exhibit 1).



**Exhibit 2: Percentage Change in Average Tuition at Public, 4-Year Colleges (2008-2018)**


Source: Center on Budget and Policy Priorities

To compensate for these losses, many colleges and universities increased tuition substantially, shifting more of the financial burden of higher education to students and their families. The published average annual tuition increased by 39 percent over the last decade with eight states seeing hikes of 60 percent or more at four-year, public institutions. Arizona and Louisiana, which had the greatest declines in state funding during that timeframe at 55.7 and 40.7 percent respectively, increased tuition by more than 90 percent (Exhibit 2). Overall, net tuition as a total percentage of educational revenue has increased by 30 percent since before the Great Recession, growing from 36.7 percent in 2006 to 46.4 percent in 2017 (Exhibit 3). Tuition increases over the past decade have far outpaced increases in inflation. Hence, the pressure on affordability and, consequently, accessibility.

While tuition rates rose sharply, real median income only grew by about 2 percent. The gap between the rate of increase in college tuition compared to the rate of increase in household income has contributed to a more than 9 percent rise in student debt between 2008 (55 percent) and 2016 (60 percent). In the fourth quarter of 2018, the total value of student debt at four-year, public institutions was \$1.57 trillion.

Federal loans are the primary source of debt financing for students, and reliance on these has outpaced reliance on private loans over the past decade with compound annual growth rates (CAGR) of 10.9 percent and 2.9 percent respectively (Exhibit 4). Because of

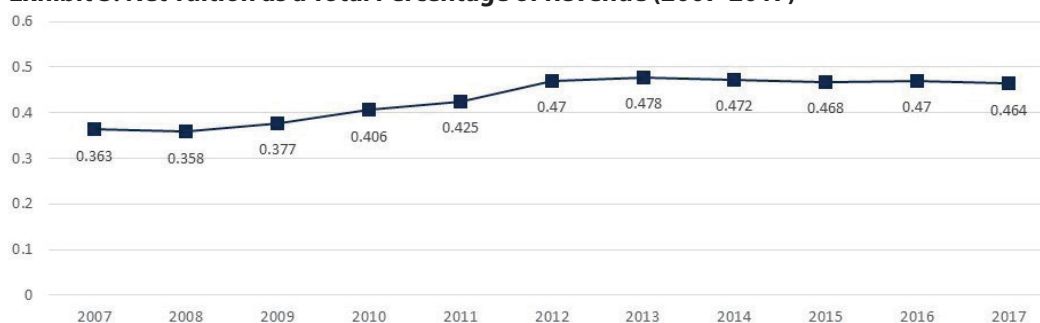
this, proposed changes to federal funding for higher education have significant implications not only for institutions, but also for students and families seeking financial aid for higher learning. The current administration is pushing for a greater reliance on private funding for student financial aid. This has the potential to make higher education less accessible to low-income students since private loans typically offer less flexible repayment plans compared to federal loans. As a consequence, an ongoing challenge in higher education today is maintaining both affordability and accessibility to foster a diverse student population.

Other changes being discussed at the federal level that could impact debt financing decisions for students and their families include changes to loan consolidation and borrowing limits, an end to loan forgiveness for public sector workers and an increase in income-based repayment plans from the current 10-percent rate of a students' post-graduation monthly income to 12.5 percent.

Versions of the 2018 federal budget recommended up to a 13.5 percent year-over-year decrease in the Department of Education's resources through the elimination of more than 20 programs, most of them focused on assistance for low-income students, and up to a 16 percent decrease in federal Pell Grant reserves (\$3.9 billion) while maintaining a maximum award of \$5,920 per student.

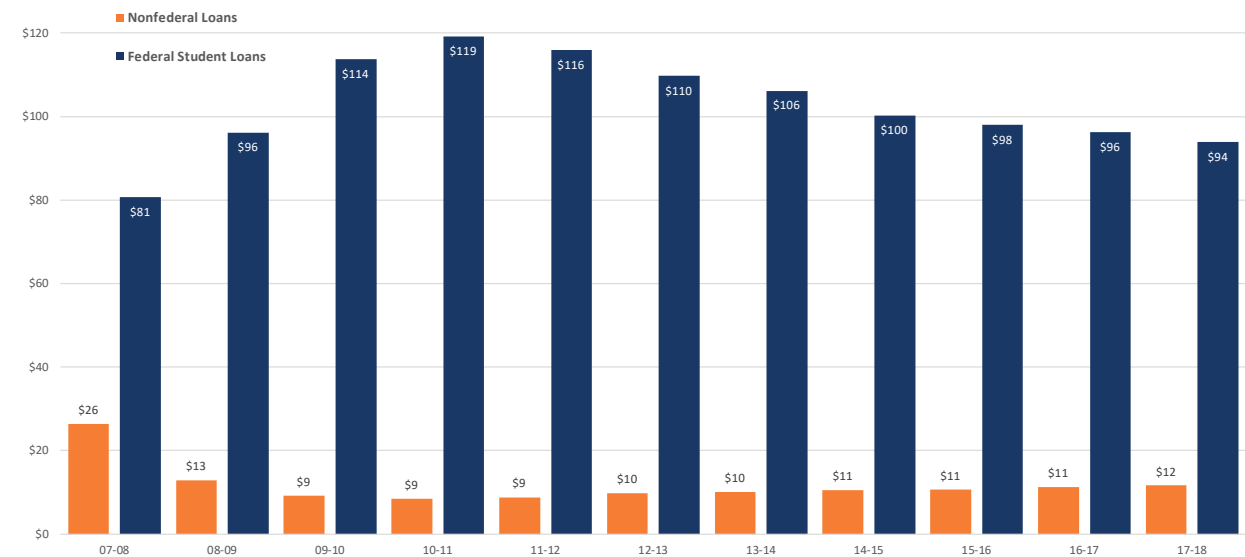
**Drop-offs in Student Enrollment**

In response to the rising cost burden of higher education on students and their families, overall U.S. college and university enrollment is declining. Between 2011 and 2016, enrollment in U.S. institutions dropped 7.8 percent from 20.6 million to 19 million. The rate of decline may be escalating. In Spring 2017, post-secondary enrollment fell by more than 272,000, a year-over-year decrease of 1.5 percent. In the fall of 2018, four-year, for-profit institutions experienced the greatest decline at 15.1 percent compared to 3.2 percent for two-year, public institutions and 2.4 percent for private, non-profits (Exhibit 5). Declining enrollment is expected

**Exhibit 3: Net Tuition as a Total Percentage of Revenue (2007-2017)**


Source: State Higher Education Executive Officers

**Exhibit 4: U.S. Student Loans by Type and Enrollment Period (\$ Billions, 2007-2018)**



Source: College Board

to continue through at least 2030. Across the U.S., the number of high school graduates is declining, and this varies by region and state. These declines, of course, have different impacts on smaller and larger institutions, but the overall result is increased competition for students and yet another pressure point on schools.

This drop-off, fueled by declining affordability and accessibility, is particularly steep for low-income, high school graduates. Total post-secondary enrollment for this segment fell by nearly 23 percent from 2008 (55.9 percent) to 2013 (45.5 percent). In comparison, enrollment by high-income, high school graduates declined just 4 percent in that same timeframe (81.9 to 78.5 percent).

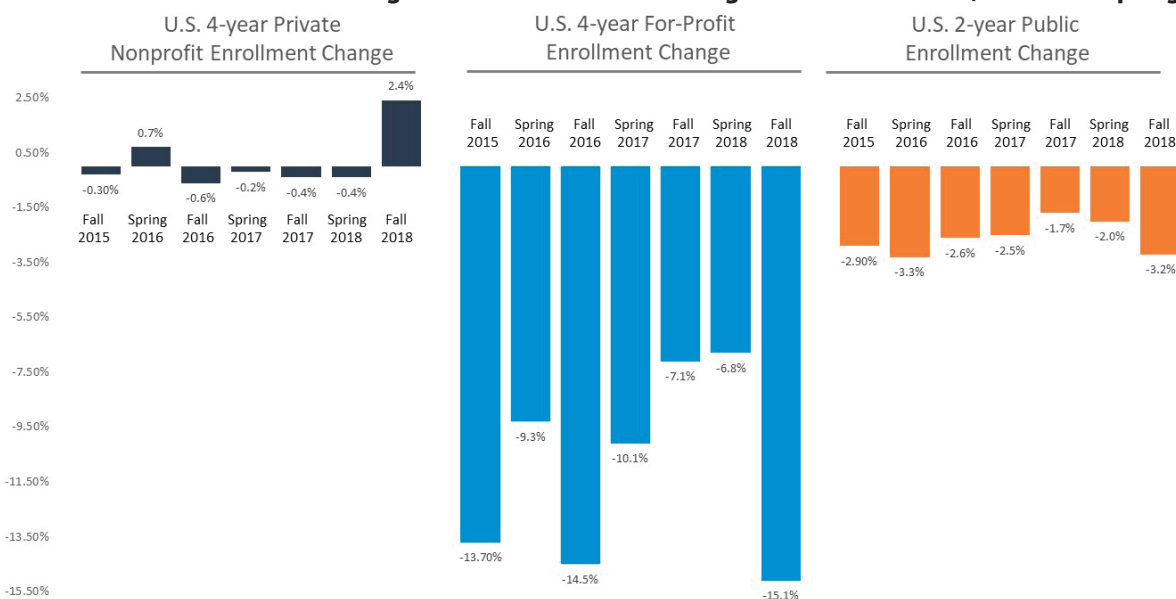
Simultaneously, international student enrollment – a significant source of tuition income for many U.S. institutions – has also been declining (Exhibit 6).

Between 2016 and 2017, U.S. colleges and universities reported a 3 percent decrease year over year in international enrollment. This drop-off is due partly to newfound immigration concerns and partly to rising competition from other nations. For example, between 2008 and 2015, international student enrollment in Canada increased by 98 percent and is expected to rise even further because of the nation's affordable higher education programs and greater political stability compared to other English-speaking countries.

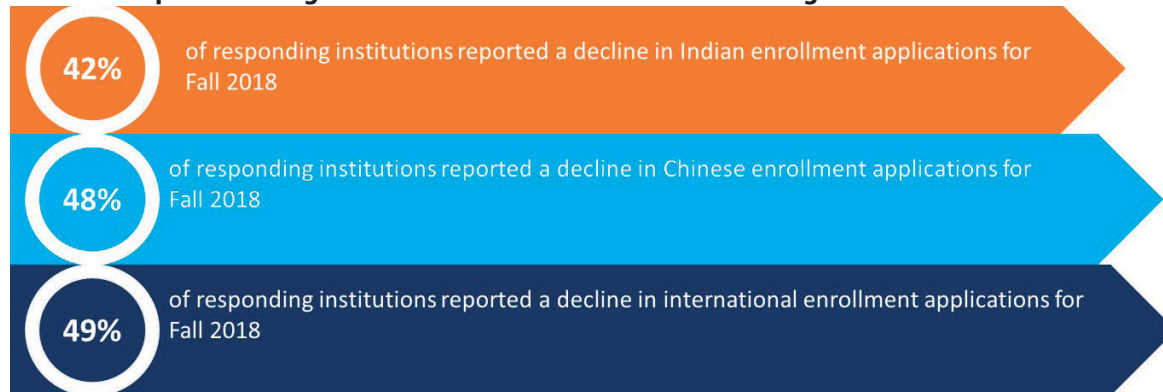
Declining international enrollment – particularly from China, India and Saudi Arabia – could have a significant impact on the financial models of U.S. colleges and universities, with potential loss of around \$250 million in tuition revenue annually.

The combination of rising tuition, deeper debt burdens and an increasingly competitive job market is fueling

**Exhibit 5: Semester to Semester Changes in Enrollment in US Colleges and Universities (Fall 2016 - Spring 2018)**



Source: National Student Clearinghouse Research Center

**Exhibit 6: Reported Changes in International Enrollment in US Colleges and Universities**

Source: Institute of International Education - 2018 OpenDoors Survey

greater scrutiny by students and their families when it comes to assessing the value of a college degree. Today's students expect improved college affordability by way of lower tuition. While schools continue to attempt to control costs, students now expect improved services and campus infrastructure (dorms, classrooms, sports facilities, etc.) These financial and operational challenges confront each and every school. This makes the landscape significantly more competitive for U.S. colleges and universities than it has been in the past. To contend, institutions need to not only demonstrate clear value to students, they need to structure their financial, operational and academic models to maximize resources and attract students while attempting to remain viable and sustainable.

### Sustainable Solutions for Higher Education

All schools are affected in some way by the economic, political and financial changes of the last decade, and no institution is immune to the myriad number of challenges. At this stage, every college and university should have a firm handle on its realistic revenue

streams, a clear understanding of and ability to communicate its unique value proposition and a unified strategy for ensuring maximum efficiency and long-term sustainability to support its core mission. If this is not the case for an individual institution, it must recognize that doing nothing is no longer an option.

In fact, changing an institution of higher education is significantly more challenging than changing a corporation. Regardless of an individual college or university's age, the culture of academia is deeply rooted in centuries-old philosophies and practices. The larger an institution is, the more siloed its organizational structure likely is and the harder it will be to uproot outdated models and achieve systemic change. Nonetheless, it must be done if an institution is to remain competitive and continue to fulfill its mission for the long term.

For too many schools, balance sheets and income statements are trending negatively. Maintaining reasonable levels of liquidity, in many instances, is a significant and ongoing challenge. To remain viable, U.S. colleges and universities need to contain tuition, increase affordability and broaden access by:

- Ensuring all constituents (e.g., board, administration, faculty) embrace the need for change and the urgent need for sustainability
- Diversifying funding sources to address revenue shortfalls
- Investing in and applying appropriate resources to the core business
- Creating multi-faceted, cost-efficient financial, operating and academic models that appropriately align costs while preserving the core mission
- Offering a clear value proposition to students and stakeholders and aligning programs with student demands
- Having the conviction and resolve to make the difficult decisions and implement the necessary changes

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Mr. Hershan brings more than 30 years of commercial and legal experience and deep expertise in managing complex transactions, with emphasis on problem-solving, structuring and negotiation. Since joining A&M in 2007, Mr. Hershan has facilitated bottom-line and organizational improvement for

clients in manufacturing, transportation, language services and technology solutions, financial services and higher education. In the higher education sector, Mr. Hershan recently led the firm's engagement with a major university in New York City, developing and implementing financial, operational and restructuring strategies for the university, across its four campuses, at both the undergraduate and graduate levels. Mr. Hershan earned his bachelor's degree from the Wharton School of the University of Pennsylvania and his juris doctor from Fordham University School of Law.

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### Achieving Financial, Operational and Academic Efficiency

U.S. colleges and universities cannot rely as heavily on state and federal funding as they have in the past. Aside from raising tuition – an option which may be maxed out given significant increases to date and the resulting decline in student enrollment – other material funding options include fundraising, asset monetization and taking on additional debt.

Some institutions may be able to realize significant economic benefit through philanthropic contributions. For example, in 2017, eight of the 19 charitable gifts of \$100 million or more went to public colleges. However, transformative gifts of that caliber take a strong brand identity, deep alumni network and community of support. At the same time, the recently passed Tax Cuts and Jobs Act of 2017 could have a negative impact on charitable giving from middle-class donors. The act nearly doubles the standard deduction, giving taxpayers less incentive to itemize – and therefore make – charitable contributions. The Tax Policy Center (TPC) projects that 62 percent fewer households with income levels between \$75,000 and \$200,000 will benefit from charitable deduction under the new law. Institutions should certainly continue building philanthropic support, but they must also diversify funding through other means.

Over the last decade, more colleges and universities have tried raising capital through debt. However, many find that poor ratings from the agencies deter would-be creditors. The number of higher education institutions rated by S&P increased by nearly 50 percent between 2006 and 2016. During that same timeframe, the number of institutions with a BB or B rating – indicating significant speculation, uncertainties or exposure to adverse conditions – increased by more than 600 percent.

In addition to impacting individual institutions, poor ratings can cast a dark cloud over the whole sector. Moody's reports that aggregate operating revenue at four-year institutions is expected to increase by 3.5 percent in 2018. However, growth in operating expenses is expected to outpace that at approximately 4 percent. Because of this, Moody's recently downgraded its rating of the U.S. Higher Education sector from "stable" to "negative" (Exhibit 7) and reaffirmed a "negative" rating for 2019.

In its annual sector outlook, published in January 2019, S&P also reiterated its prior negative forecast, commenting that "students' continued expectations of increased college affordability and lower tuition and debt at the same time they demand enhanced facilities, services and general college experience have left many institutions at a difficult operational crossroads. Institutions continue to struggle to communicate their value proposition to potential students and parents, while balancing an increasing financial aid burden as competition for students drives tuition discount rates higher."

Moody's did note in its overall downgrade of the sector that solid reserves add a stabilizing element to the sector. Therefore, if student demand proves steady, if cash and investment levels remain strong and if institutions can sustain revenue growth of at least 3 percent while keeping it above expense growth, the outlook could shift back to "stable." S&P also implied that if institutions become more flexible and adapt to change, brighter future outlooks are possible; however, risks outweigh opportunities and, thus, a negative outlook persists.

To keep revenue growth above expense growth and to ensure prudent financial management to deal with future unknowns, many institutions need to rethink their business models. This involves making internal

**Exhibit 7: Moody's Credit Rating of the US Higher Education Sector (2015 – 2019)**

	2015	2017	2019
RATINGS	Stable	Negative	Negative
FACTOR	Expected increase in state funding and improved revenue growth at 4-year public and private institutions	In 2018, operating expenses are expected to exceed revenue due to decline in state funding and slowdown in tuition growth	Weak net tuition revenue growth outpaced by increasing expenses, 65%-75% of which are labor costs

Source: Institute of International Education - 2018 OpenDoors Survey



## Exhibit 8: Illustrative Questions for Assessing an Institution's Sustainability

Academic	<ul style="list-style-type: none"> <li>• Are enrollment and faculty levels in alignment?</li> <li>• Are classes set up efficiently to ensure maximum enrollment in each course?</li> <li>• Are faculty teaching loads optimal?</li> <li>• Is the faculty appropriately balanced among tenured, contract and adjunct instructors?</li> <li>• Are programs not sustaining the core mission appropriately evaluated for cost-effectiveness?</li> <li>• Is course scheduling efficient both from space and academic perspectives?</li> <li>• Are all issues of collaboration, consolidation and integration "on the table"?</li> <li>• Are the faculty and administration "speaking with one voice"?</li> <li>• Does the institution address cost and value from students' employment opportunity perspective?</li> </ul>
Operational	<ul style="list-style-type: none"> <li>• Have shared services and outsourcing been analyzed to ensure economies of scale and the provision of quality services? What services can be discontinued or outsourced?</li> <li>• Are the costs of infrastructure and back-office functions in line with the institution's mission, size and revenue?</li> <li>• Is there a plan to update aging facilities?</li> <li>• Are fixed costs at the appropriate level?</li> <li>• Is the management support structure appropriately sized and appropriately managed?</li> <li>• Are academic administrations operating cost effectively?</li> </ul>
Financial	<ul style="list-style-type: none"> <li>• Does the institution have sufficient liquidity and a substantive financial forecasting capability?</li> <li>• Does the institution have a substantive budgeting approach and are all reporting entities taking responsibility for their budgets?</li> <li>• Have all asset monetization opportunities been analyzed?</li> <li>• Is the institution using its real estate in the most optimal, efficient and cost-effective manner?</li> <li>• Is the endowment at an appropriate level?</li> <li>• Is the school's support community providing necessary and appropriate elements of support?</li> <li>• Is the institution focused on long-term strategic planning, analyzing potential risks and opportunities, in concert with sustainability?</li> </ul>
<b>The "Change Readiness" Test</b>	
<ul style="list-style-type: none"> <li>• Are the institution and its leadership teams realistically positioned to make difficult decisions to create change and embrace economic models that are financially sustainable?</li> <li>• Does the institution and its board have a clear vision for the future, and is it equipped to effectively communicate its vision with all constituents, both within the institution and throughout its support community?</li> </ul>	

measurements, benchmarking against industry peers and asking tough questions like those outlined in Exhibit 8. These models must be economically sound, based on financial sustainability and practically effective to advance the school's mission and meet the changing needs of its students.

By taking a hard look at these areas and ensuring that operational and academic structures are right-sized based on the institution's volume, revenue and mission, colleges and universities will not only achieve greater efficiency, they will also be able to better demonstrate value to students and stakeholders.

### Demonstrating Value

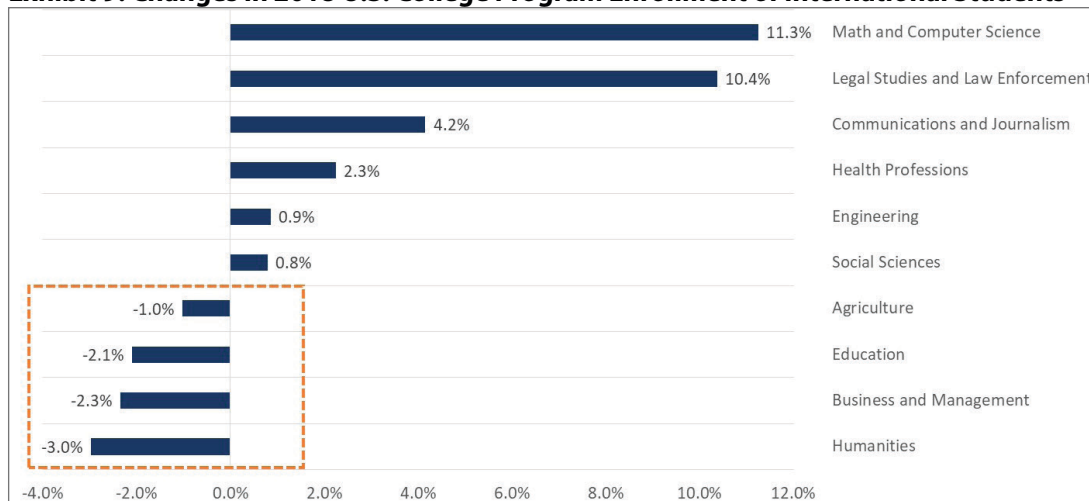
Prospective college students today all felt the Great Recession's impact in one way or another. Many first-time freshmen – members of Generation Z – remember their parents, friends or neighbors struggling with job loss, home foreclosure or insurmountable debt. Students with workforce experience who are returning to school for an advanced degree or in pursuit of a new career may have experienced those struggles firsthand. The point is that incoming college students are more cost and debt conscious than ever before, and their primary purposes for obtaining a higher degree

are to achieve employment and to maximize their income. To compete for these students and their carefully-guarded tuition dollars, institutions must demonstrate clear value and return on investment.

One obvious requirement is to align academic programs to current job market demand. Students in the U.S. are increasingly choosing degree programs that yield greater post-graduation job prospects. Between 2010 and 2014, enrollment in science and technology programs increased by 49 percent. In math and statistics, they increased by 35 percent; in information technology by 32 percent and in engineering by 26 percent as demand for STEM (science, technology, engineering and mathematics) professionals has risen dramatically across industries. During that same period, enrollment declined in humanities programs like history, philosophy, religious studies and literature (Exhibit 9). In fact, the percentage of all bachelor's degrees awarded in humanities dipped below 12 percent in 2015.

In addition to carefully considering employment and income prospects associated with their chosen degree, today's students are also especially mindful of the supplemental costs of higher education –



**Exhibit 9: Changes in 2018 U.S. College Program Enrollment of International Students**

Source: Institute of International Education - 2018 OpenDoors Survey

housing, meals, travel and supplies. Many students are looking for alternative learning methods that offer greater accessibility at a lower cost. In 2017, there were more than 9,400 MOOCs available composing over 500 credentialing programs and a growing number of degree programs. While MOOCs can't match the interactive or hands-on learning potential of a traditional classroom or laboratory, alternative or blended teaching models that combine the accessibility of online instruction with experiential learning (e.g., online instruction, flipped classrooms,<sup>2</sup> blended MOOCs,<sup>3</sup> etc.) may make higher learning more time- and cost-efficient, thereby demonstrating even greater value to students and their families.

### Owning the Core Mission

In this new landscape, even the strongest colleges and universities must acknowledge the need for change, plan for a less favorable revenue environment and implement necessary financial strategies. Failure to do so, or postponing until tomorrow what must be done today, will ultimately put a sustainable mission at risk.

To maintain an institution's viability, it is the responsibility of an institution's board, management team and faculty to

- Ensure reliable levels of cash and liquidity based on sound budgeting and financial forecasting with clear strategies in alignment with the core mission
- Strengthen the institution's financial statements from both balance sheet and income statement perspectives with the overall objective of long-

term sustainability, again in concert with the core mission

- Focus on and strengthen the core characteristics of the institution to differentiate the school from its competition
- Demonstrate detailed academic programming to fulfill the school's mission with enhanced scrutiny on academic quality and integrity, buttressed by cost-effective faculties, class programming and academic support centers (remain open to divesting from assets, activities and programs that are non-core)
- Right-size operational support and shared services teams with a focus on quality and efficiency
- Optimize the use of all fixed assets and explore appropriate opportunities for asset monetization
- Align academia with a sustainable business model
- Find common ground among the administration and faculty to make the necessary transformation while protecting the mission and core business

Each institution's board of trustees must hold management, executives and faculty accountable for maintaining efficient financial and operating models to provide true academic value to students.

### Conclusion

Between 1980 and 2012, the total number of higher education institutions in the U.S. increased by more than 46 percent from 3,231 to 4,726. By 2014, that number dropped to 4,627. The emerging landscape, carved by declining government support, diminishing enrollment and longstanding inefficiencies, is more competitive than ever.

<sup>2</sup> In a flipped classroom model, students typically receive the lecture component of a course through a recorded video they watch independently in their own time, and they attend class in person to participate in coursework, group work or discussions.

<sup>3</sup> Blended MOOCs are a variation of flipped classrooms in which students supplement their online learning through less frequent in-person meetings with a small group, instructor or teaching assistant.

Since 2016, more than 100 for-profit, 22 major liberal arts nonprofit colleges and 36 public colleges have closed, consolidated or announced they will consolidate, according to Education Dive, which tallies closures. Even before they downgraded their overall outlook for the higher education sector to “negative,” Moody’s and S&P predicted that mergers and closures – particularly of smaller institutions – could double or triple in the coming years. The sector understands there are too many higher education institutions in the U.S. The economic reality is that many schools will not survive given the numerous challenges facing higher education.

The colleges and universities that rise above the bleak forecasts for the higher education sector will be those that are willing to adapt and embrace sustainable financial, operational and academic models. To accomplish this, each school at risk must have administrative and academic leadership on the same page, developing well-defined, thoughtful strategies across the entire institution and working cohesively to implement a revitalized vision and path for long-term sustainability.

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