

# Implementing MLTSS

Coordinating Care and Services for Medicaid's Most Complex Beneficiaries



Managed Long Term Services and Supports (MLTSS) Integrated, holistic health care delivery brings the promise of better outcomes, lower costs, and healthier communities. Yet people with intellectual / developmental disabilities (I/DD), behavioral health (BH) conditions, or other complex needs, are often carved out from receiving Medicaid managed care. Aside from creating potential quality and parity issues, these are typically the beneficiaries with the highest costs. In a time of fiscal constraints and budget uncertainty, many states are reassessing service delivery models and care coordination for I/DD and BH services that promote greater integration within Medicaid and human service programs.

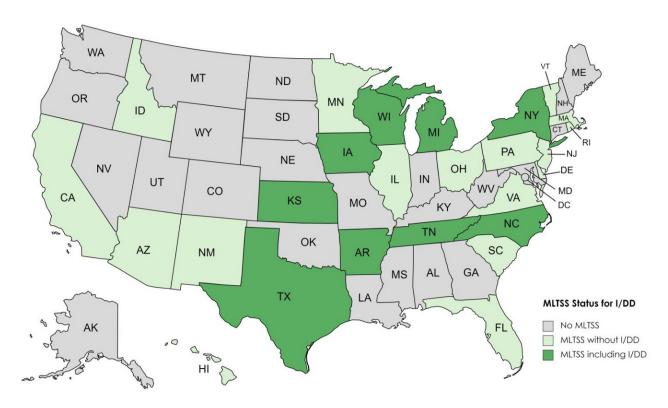


- Managed Long-Term Services and Supports (MLTSS) refers to delivery of long-term care or long-term services and supports (LTSS) to Medicaid beneficiaries who are elderly or disabled through a managed care (as opposed to fee-for-service) system.
- MLTSS implies some level of integration across delivery of physical health care, behavioral health care, long-term care / LTSS, pharmacy and other health-related services.
- Many states pilot one or more MLTSS programs with elderly populations first before carving in beneficiaries with I/DD and/or BH needs.
- To date, ten states have attempted to implement a comprehensive MLTSS program that covers BH & I/DD populations.

## What is A&M's role?

- Insights from front-line experience implementing MLTSS for people with I/DD and BH system transformations
- Unparalleled track record leading human services transformations with fiscal and policy support
- World-class project management expertise
- Deep understanding of stakeholder engagement
- Deep expertise driving performance improvement for Medicaid MCOs

## Map of MLTSS for Elderly vs. I/DD and BH Populations



Note that some MLTSS programs may only be deployed on a limited or pilot basis.

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